

# Knowledge Management: Pegasus Health, Christchurch

Blue sky days. Eirlys. Snowball fights. Trevor.  
Having a laugh with friends. Eirlys. Planning my  
next adventure. Melissa . Cooking something  
different. Howie. The smell of Howie's lunches!  
Trevor. Exploring new areas. Eirlys. Baking.  
Melissa. Staying Calm, Quite and Peace. Howie.  
My iPod Playlists. Trevor. Banter! Eirlys. Sunrise  
beach walks. Melissa. Fancy dress parties. Eirlys.  
Real coffee. Trevor. LENDING A HELPING  
HAND. Melissa. GETTING ACTIVE. Melissa.  
READING A GOOD BOOK. Eirlys. COOKED  
BREAKFAST. Melissa. SPENDING QUALITY  
TIME WITH FAMILY. Eirlys. Standing on top of a  
mountain, having walked all the way up! Sir Ed.  
INFECTIOUS LAUGHTER. Trevor. Walking the  
dog. Lynley D. My mini. Mr Bean.

Canterbury has been through a lot.  
Thanks for sharing some of the simple  
things that bring you joy.

all  
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