

Self Advocacy: SkillWise, Christchurch

Going for a swim. **Margaret (64)**. Getting into the garden. **Pauline (58)**. Drive in the country. **Tim (25)**. Nice food! **Raymond (51)**. Dancing! **Janette**. Walking around our communities. **EVERYONE!!!**. Making Art. **Mikayla (24)**. Having a beer! **John (58)**. Watching the rugby. **Simon (31)**. Going to the gym! **Jan (49)**. Going fishing. **Kerry**.

Canterbury has been through a lot.
Thanks for sharing some of the simple
things that bring you joy.

all
right?
allright.org.nz