

Staff 1: West Melton School, Christchurch

When I have finished pruning my roses. **Elaine.**
Spending time with my friends and family. **Julia .**
Going to the bach. **Thelma.** Catching big fish
anywhere. **Shane.** After I have finished baking.
Rita. Walking with family and friends. **Maree O.**
Hot coffee & Sunday paper after an early
morning walk. **Moira.** Running by the sea and
spending time with the people I love. **Sue.**
Feeling the fresh sea air in my face when out
boating. **Jeanette .** Dancing up a sweat at Zumba.
Kerry. Watching the sunrise and the stars at
night. **Liz.** Seeing kindness in action. **Heather.**
Stocking upon the hug meter. **Sarah.** After a
hard workout at the gym. **Nicki.**

Canterbury has been through a lot.
Thanks for sharing some of the simple
things that bring you joy.

all
right?
allright.org.nz