

# Sport Studies: New Zealand Institute of Sport, Christchurch

**Music, Gym and Chilling. Leia (17). Napping and Food. Nic. Gyming and Music. Dylan. KFC Snack Burgers and Shooting Hoops. Jack (18). Sleeping and Listening to Music. Tamara (17). Coffee with Friends and Fitness. Brooke H (17). Coffee, Music, Colouring-In and Fitness/Sports. Talor (18). Fitness and Friends. Ayla (17). Bike Rides, Run, Netflix/Youtube, Sport, Family. Marco (17). Basketball, Music, Dragonball, Food. Mikaere. Rugby, Basketball, DNB and Food. Tasman (18). Rugby, Basketball, Movies, Food and Gaming. Lachie (18).**

Canterbury has been through a lot.  
Thanks for sharing some of the simple  
things that bring you joy.

**all  
right?**  
allright.org.nz