

Mother Jeffs: Your Life, RD1 Lyttelton

Go walking. Mother. Stop stressing about housework. Mother. Dust today will be there again tomorrow. Mother. Chill out about 'the stuff'. Mother. You live in a home, not a show house. Mother. Go out and find friends. Mother. Learn something new like crochet. Mother. Learn to use the Sky remote. Mother. Join the 'Walk and Talk'. Mother. WHO CARES WHAT PEOPLE THINK?. MOTHER. Skype your Daughter every week. Mother. Learn to play card games like 5 Crowns. Mother. Come and see me again soon, I miss you xxxxx. Mother. I love you xxxxx. Mother.

Canterbury has been through a lot.
Thanks for sharing some of the simple things that bring you joy.

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