

Health & Disability Advocacy Service - South Island: Nationwide H&D Advocacy Service, Christchurch

Bellydancing, Yoga and cuddling the kidlets.
Angie. Reading, Walking, Listening to oriental
music. Shah Wali. Tennis, Chilling with crazy
friends, Backgammon. Rachel. Creating Art,
Whodunnits. Tony. Reading, Trashy TV, Walking.
Jo. Trashy novels, Laughing & playing with
children. Claire. Book club, Cooking delicious
meals. Shonelle. Fishing, Photography, A good
book. Anne. Dogwalking, Glamping, Cup of tea
with old fella. Laschelle. Sauna, Holidays, Good
red wine/bubbles, Gym. Gillian. Facials, Saturday
morning coffee with husband. Clare. Sewing,
Crafts, Research family history. Janet. Long walk
then a long black, Old fluffy slippers. Christine.
Swimming, Theme nights, Baking. Lisa.

Canterbury has been through a lot.
Thanks for sharing some of the simple
things that bring you joy.

all
right?
allright.org.nz