

Refugee Ladies Health Day 2015: Christchurch Resettlement Service, Christchurch

Making bread for my family. Group 1.
SWIMMING. GROUP 1. Visiting friends or family
who are sick or a new mum. Group 1. LEARNING
ENGLISH. GROUP 2. Learning about NZ culture.
Group 2. Cooking good food and eating
together. Group 4. Praying together. Group 4.
Socialise with each other friends family. Group 2.
Visiting friends and family. Group 3. Exercise.
Group 3. Talk to friends and family. Group 3.
Healthy food. Group 2. WE GO TO CHURCH
WITH OUR FAMILY. GROUP 1. Traditional dance.
Group 1. Be positive. Group 2. Smile. GROUP 2.
Family together hugs and fun. Group 2. Women
sharing stories with other women. Group 4. Men
talking to men. Group 4. Women talking to
women. Group 4. Our culture, speaking our
language. Group 2.

Canterbury has been through a lot.
Thanks for sharing some of the simple
things that bring you joy.

all
right?
allright.org.nz