

**9Rv:**

# **Rangi Ruru Girls School, Christchurch**

**Talk to your parents or friends. Olivia. Be with animals. Sophia. Sleep. Nova. Listen to music. Ella. Cuddle with Winston dog. Sarah. Eat everything. Rosa. Watch youtube. Olivia. Watch netfix. Ruby. Run to the beach. Claudia. Going for a walk. Liv. Go to bed. Imogen. Get a HUG. Maddy. Have a sleep. Paris. Eat my favorite food. Georgie. See my dog, pig, sheep or calves. Tilly. Hit a hockey ball. Sophie. Jump on the trampoline. Cait.**

Canterbury has been through a lot.  
Thanks for sharing some of the simple  
things that bring you joy.

**all  
right?**  
allright.org.nz