

# 10MW: Mairehau high school , Christchurch

Eating. Aron. Seeing my friends. Aron. Playing sports. Cameron. Sit outside in the sun and read. Herbert . GO FOR A LONG CAR DRIVE. HERBERT. Play Basket ball. Claire. Listening to music. Jordan . Cuddling with my teddy! Emily. Spend time with my boyfriend. Jane. Talking with a friend. Kayla . Crying. Kayla. Make a plan on how to resolve my problem. Kayla. Go out with my friends. Kirean. Playing video games. Louis. Listening to music really, really loud. Meryka. Eating ice cream nom nom. Meryka. Play an instrument. Zac. Go to the beach. Zac. Write down how I am feeling. Sasha. Kick the football around. Saorise. Go see my horse. Saorise. Reading a book. Kate.

Canterbury has been through a lot.  
Thanks for sharing some of the simple  
things that bring you joy.

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