

Wednesday Group: Burwood Day Clinic, Christchurch

Reading a good mystery novel. **Peter**. When I am with my friends. **Sylvia**. Crochet. **Lynne**. Spending time with my grandchild & cat. **Clive**. Getting my computer to talk to me. **Mr S**. Relaxing in peace & quiet! **Peter**. Taking dog for walk. **Sylvia**. Cooking for friends & family. **Lynne**. Fixing things. **Clive**. Go back hopefully to reading & X words. **Jean**. Good/better health for my neighbours. **Mr S**. Playing ball with the dog. **Sylvia**. Suduko, Word find & Jigsaw puzzles. **Clive**. Clubbercise!!!! **Lynne**. Doing craftwork. **Jean**. Snooker on the TV. **Mr S**. Listening to the Breeze. **Sylvia**. Gardening. **Clive**. Yoga, going for a walk outdoors. **Lynne**. My Grand daughter makes me feel happy. **Jean**. Family contact. **Mr S**. The warm weather. **Sylvia**. Reading books & X words. **Mr S**. To hear from family. **Sylvia**. Enjoy the company of cats. **Sylvia**. LAUGHTER !!!! **Sylvia**. Working in the garden. **Sylvia**.

Canterbury has been through a lot.
Thanks for sharing some of the simple
things that bring you joy.

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