

# CPH: CPH, Timaru

**The Shoes, Clothes, Necklaces, Laugh & Food! Ally. Role model for health promotion in its holistic sense! Andrea. Livening up an otherwise mundane day! Anna. ALWAYS INSPIRING & ENCOURAGING US. DEBBIE. Sense of humour & vibrant personality! Greg. YOUR NUTRITION-MINDEDNESS. HACER. Golden rings & a golden laugh! Heather. Energetic, organised, supportive & awesome. Janet M. Sharing your recipes & having another D in the team. Janet Q. Great sense of humour & great cook. Josh. The way you pretend to be so mean but just well...aren't. Mary. Promoter extraordinaire & inspirational leader. Neil. Positivity, Energy, Support & DJ SKILLS. Rose. Enthusiasm, Humour & Delicious food. Stacey. Common sense & commitment. Daniel. Sprinkling your special mana. Suzy. Your frankness, laughter, smile, energy and can do attitude. Shayne.**

Canterbury has been through a lot.  
Thanks for sharing some of the simple  
things that bring you joy.

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allright.org.nz