

UR Library Staff: Upper Riccarton Library, Christchurch

Passing on a smile, A walk on the beach,
Crafting. **Angela.** A short long-black and
chocolate fish. **Viv.** Having a lazy day and not
feeling guilty about it. **Sally W.** Chatting to
people about what they're reading. **Rachael.**
Swimming with and without the family, great
stress release. **Belinda.** Sunshine, Good Movie,
Payday, Kindness. **Tomo.** Riding my bike on a
sunny day. **Rebecca.** BEING HUGGED FOR
BEING CRAZY. **GAIL.** I feel good when others are
happy. **Farid.** Dancing, cycling, swimming. **Pam.**
Knit'n'stitch. **Sally B.** Turning someone's frown
upside down. **Gail.**

Canterbury has been through a lot.
Thanks for sharing some of the simple
things that bring you joy.

all
right?
allright.org.nz