

Student Health Team: St James School, Christchurch

Spending time with my family. **Matthew (10)**. I'm out walking and I smile at someone and they smile back. **Divania (10)**. When a family member I haven't seen for ages visits us. **Lexis (9)**. Learning something new for the first time. **Matthew (10)**. Being out in the fresh air and watching the birds. **Mrs Wells**. Getting my friends to laugh. **Divania (10)**. Seeing families having fun around a BarBQ. **Lexis (9)**. Praying to God. **Matthew (10)**. Tennis practice on Saturdays and Thursdays. **Divania (10)**. Playing netball with my church. **Lexis (9)**.

Canterbury has been through a lot.
Thanks for sharing some of the simple
things that bring you joy.

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