

UC Pasifika: University of Canterbury, Christchurch

Gym-ing and LISTENING TO OLD SCHOOL keeps me well. GEORGE. If I need help, I see PDT, they get my culture. Sulieti. I get to mentor others, Its a blessing. John. After class I love doing exercise. Mele. I love being involved with groups who encourage my faith. Emma. I really am learning something every day and enjoying it! Jo. These skills can actually change peoples lives. Isaac. Satisfaction comes from overcoming challenges. Honor. I love the green spaces. Suli. Opportunities to share our culture like So'otaga. Tumama. Being part of the close knit community at UC. Numi. Its great to read, cook & laugh with my friends. Anthea. Making music makes me feel good, its my passion. Sam. Being with family and chilling with mates. Lia. Seeing my friends and catching up about life. Richard.

Canterbury has been through a lot.
Thanks for sharing some of the simple
things that bring you joy.

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