

# TGNP:

## Mairehau High , Christchurch

Eat food. Unknown . Listen to music. Unknown .  
Sleep. Unknown . Go for a walk. Unknown . Hang  
with friends. Unknown . Go outside. Unknown .  
Watch youtube clips. Unknown . Talk to friends.  
Unknown . Write. Unknown . Jam with friends.  
Unknown . Relax. Unknown . Scream. Unknown .  
Talk to friends. Unknown .

Canterbury has been through a lot.  
Thanks for sharing some of the simple  
things that bring you joy.

all  
right?  
allright.org.nz