

Research First: Research First, Christchurch

Walking around my neighbourhood. **Jacquie.**
Taking my dogs out for a walk. **Sarah.** Climbing
or surfing. **Patricia.** Proximity to the coast and
mountains. **Ann.** Spending time with family and
friends. **Pip.** Doing great work. **Gareth.**

Canterbury has been through a lot.
Thanks for sharing some of the simple
things that bring you joy.

all
right?
allright.org.nz