

# CTC Caring and Support: CPIT, Christchurch

Spending time with family. **Lydia**. Scrolling through the 'stalia' tag on tumblr. **Holly (16)**. Walking my dog on the beach. **Joy**. Being around people that remind about the worth of life. **Sian (17)**. Music and internet. **Carmella**. Music, art, people. **Georgia (16)**. Being around people that make me laugh. **Tupou (17)**. Spending time with people that are close to me. **Ayla (17)**. Baby cuddles. **Cassidy (17)**. Cuddles and my favorite music. **Cheyenne (18)**. To just relax and dream of a better place. **Hayden (17)**.

Canterbury has been through a lot.  
Thanks for sharing some of the simple  
things that bring you joy.

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